

## Who we are

Our Community Care Management Team is made up of nurses or social workers focused on your well-being and on helping you meet your own health goals. Our team, in partnership your primary care provider, is designed and dedicated to improving your experience and satisfaction by extending the traditional reach of providers to your home and to the community, where you are most comfortable receiving care.



## Integrated Care Partners: Community Care Management



A Community Care Manager focused to support and help you connect to healthier!

Hartford   
HealthCare  
Integrated Care Partners

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## Our goal

To enhance the coordination of your healthcare with an emphasis on supporting your overall well-being. We believe in order to achieve this goal there must be a **partnership** between you and your medical provider. By remaining involved in the decisions regarding your health, healthcare and lifestyle, we can develop a stronger relationship with you for the support you need.

## How can we help?

- Support and coaching for your healthcare needs
- Chronic disease education, management and support
- Assessment of health needs including behavioral health and substance use services
- Medication review and education
- Assistance with long term care planning
- Depression and anxiety screening and support
- Guidance for Legal and financial assistance
- Support with applying for state and federal benefits or entitlement programs
- Knowledge of caregiver support options and resources, including respite care
- Coordination of home care and community social services
- Coordination of services when transitioning from the hospital or skilled-nursing facility

## How to prepare for our outreach?

- ❑ Write down any questions you have about your health and lifestyle.
- ❑ Make a list of all healthcare providers that you have visited in the last month and the reason why you visited them (including urgent care and emergency room visits).
- ❑ Make a list of all your prescribed and over-the-counter medications including any herbal and dietary supplements.
- ❑ Write down any new problems that may have developed in the last month.

## Other important notes

- ❑ If you want to designate a caregiver to speak with your community care manager please ask our office for the forms to complete.
- ❑ Your Primary Care Provider office will continue to provide you 24/7 access to your physician or the covering physician partner. Your community care manager will provide you with their contact information for assistance with chronic disease education and other coordination of your healthcare needs.

